# Teaching Mountain Bike Skills: The Skills Training Manual For NICA Coaches By Lee McCormack

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Lee McCormack, Lee Likes Lee authored the books Mastering Mountain Bike Skills, skills clinics with coaches and riders. Lee is also helping NICA to build its

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Lee McCormack is NICA's skills He wrote the books Mastering Mountain Bike Skills, Teaching Lee also wrote the book Pro BMX Skills with top BMX racers and coaches.

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Lee McCormack: Binding: Paperback: Creator: Teaching Mountain Bike Skills: The Skills Training Manual for NICA Coaches

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>>> Lee McCormack Boulder, CO >>> The LLB Teaching Method >>> LLB Coaches author f Mastering Mountain Bike Skills based n th Boulder,

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Lee McCormack is a world renowned MTB skills instructor. He wrote the books Mastering Mountain Bike Skills, Teaching NICA, the national high school mountain bike

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lunch each day, NICA Coaches Manual, student athletes in the context of a NICA mountain bike club and Bike Skills Clinic with Lee McCormack: 3:30

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