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# Teaching Mountain Bike Skills: The Skills Training Manual For NICA Coaches By Lee McCormack

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## **Teaching mountain bike skills: the skills**

Lee McCormack: Binding: Paperback: Creator: Teaching Mountain Bike Skills: The Skills Training Manual for NICA Coaches

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Coaches Manual, Training Method. This mountain bike skills curriculum was created by world renowned skills author and instructor Lee McCormack. As NICA s

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Lee McCormack is NICA's skills He wrote the books Mastering Mountain Bike Skills, Teaching Lee also wrote the book Pro BMX Skills with top BMX racers and coaches.

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>>> Lee McCormack Boulder, CO >>> The LLB Teaching Method >>> LLB Coaches author f Mastering Mountain Bike Skills based n th Boulder,

### **Lee mccormack (author of mastering mountain bike**

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Lee McCormack, Lee Likes Lee authored the books Mastering Mountain Bike Skills, skills clinics with coaches and riders. Lee is also helping NICA to build its

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